

Tips for People with Communication and Speech Related Disabilities

This informational form is designed to provide an activities checklist for those with Communication and Speech related disabilities in order to improve their personal emergency preparedness in a disaster or emergency. Preparation for disasters takes time and effort. If needed, do a little at a time or as your energy and budget permits. The important thing is to start preparing yourself now. The more prepared you are, the more confident you will be that you can protect yourself and your loved ones in times of emergency situations.

Date Completed	Activity	Preparedness Details
/ /	Communication	How will you communicate? Determine how you will communicate with emergency personnel if you do not have your communication devices (augmentative communication device, word board, artificial larynx, etc.)
/ /	Communication Aids	Store copies of a word or letter board, paper and writing materials, preprinted messages and key phrases specific to an anticipated emergency, in all your emergency kits, your wallet, purse, etc.
/ /	Emergency Health Information	Ensure your emergency health card explains the best method to communicate with you, i.e.: written notes, letter or picture pointing, etc.
/ /	Alternate Power Source	Obtain an alternate power source if you use a computer as a means of frequent communication.