

# Tips for People with Visual Disabilities

This informational form is designed to provide an activities checklist for those with Visual disabilities in order to improve their personal emergency preparedness in a disaster or emergency. Preparation for disasters takes time and effort. If needed, do a little at a time or as your energy and budget permits. The important thing is to start preparing yourself now. The more prepared you are, the more confident you will be that you can protect yourself and your loved ones in times of emergency situations.

Date Completed	Activity	Preparedness Details
/ /	Canes	If you use a cane, keep extras in well-known and secure locations at your work place, home, or school.
/ /	Alternate Mobility Hints	If you have some vision, place security lights in each room to light your common paths of travel. They should light up automatically if there is a power loss, should last for 2 to 6 hours and should be able to be manually turned off and used as a flashlight, if necessary.